

February

St. Gerard Majella

FOOD IN
FOCUS



DAILY SALADS:

MONDAY-CHICKEN CAESAR
TUESDAY-BLT
WEDNESDAY-CRANBERRY CHICKEN
(ASH WED – GARDEN)
THURSDAY-CHEF
FRIDAY-ST. LOUIS HILL

DAILY GRAB & GO

MONDAY- Choice of Cereal, Fresh Fruit, Yogurt, Muffin Treat
TUESDAY-BLT Sandwich, Veggie Sticks, Fresh Fruit, Cookie
WEDNESDAY-Not Available
THURSDAY-Bagel w/Cream Cheese, Fresh Fruit, Yogurt, Raisins
FRIDAY-Buffero Popcorn Chicken Wrap, Fresh Fruit, Veggies w/Dip, Mini Rice Krispies Treat

TUESDAY IS SPECIAL TREAT DAY
\$1.50

THURSDAY IS ICE CREAM DAY
\$1.75 GRADES 3RD-8TH

PLEASE CHECK YOUR
MYSCHOOLBUCKS ACCOUNT
THANK YOU!

MENU IS SUBJECT TO CHANGE

Contact our dietitian
at lisa@foodserv.org for special
dietary concerns

For more information about FSC or
employment opportunities, please go to
www.foodserviceconsultants.org



MONDAY

Did you know?



Leap days happen every 4 years, but we actually skip it once every 400 years like in the year 2000.

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Orange Chicken
or
Pork Egg Roll
with
Steamed White Rice
Seasoned Broccoli
Mandarin Oranges
Fortune Cookie **5**

Mini Stuffed Tacos
or
Cheesy Quesadilla
with
Fiesta Rice
Flame Roasted Corn
Chilled Peaches **6**


Pepperoni Slice
or
Cheese Slice
with
Fresh Fruit
Oreo Cookies **7**

Mini Corn Dogs
or
Crispy Chicken Tenders
with
Tossed Salad
Vine-Ripened Grapes
Sparkling Jell-O **1**

**NOON
DISMISSAL**

2

French Toast Nibblers
with Syrup
or
Mini Waffles
with
Crispy Bacon Slice
Yogurt
Frosty Peaches **12**

Chicken Rings
or
Toasted Beef Ravioli
with
Buttered Noodles
Golden Corn
Sparkling Jell-O **13**


Cheese Slice
with
Fresh Fruit
Oreo Cookies **14**

Spaghetti with Meat
Sauce
or
Chicken Bacon Wrap
with
Garden Green Beans
Pineapple Chunks
Flavorful Jell-O **8**

SUPER BOWL SPECIAL
Super Bowl Dog
Field Goal Fries
Touch Down Carrots
Huddle Apples



9

French Toast Nibblers
with Syrup
or
Mini Waffles
with
Crispy Bacon Slice
Yogurt
Frosty Peaches **12**

Chicken Rings
or
Toasted Beef Ravioli
with
Buttered Noodles
Golden Corn
Sparkling Jell-O **13**


Cheese Slice
with
Fresh Fruit
Oreo Cookies **14**

**ST. LOUIS BLUES
SPECIAL**
Hockey Sticks (French
Toast)
Hockey Puck (Sausage)
Goalie Blueberries
Goal Net Hash Brown **15**



Captain's Fish Bites
or
Cheesy Quesadilla
with
Mac & Cheese
Garden Green Beans
Glittering Jell-O **16**

**NO
SCHOOL**



19

Baked Pretzel with
Cheese
or
Macho Nachos
with
Pineapple Chunks
Creamy Yogurt
Lettuce & Tomato **20**

Fluffy Pancake
or
Scrambled Eggs
with
Pork Sausage Patty
Golden Hash Brown
Fresh Melon **21**



14

Breaded Chicken Patty
or
Grilled Hamburger
with
Golden French Fries
Fresh Veggies & Dip
Mandarin Oranges **22**

**SPECIAL
LUNCH**

**NO FSC
LUNCH**

23

Emoji Waffle
or
French Toast Sticks
with
Golden Hash Browns
Tropical Fruit Medley
Mini Blueberry Muffin **26**

Classic Baked Lasagna
or
Garlic Buttered Noodles
with
Caesar Salad
Garlic Breadstick
Fresh Apples **27**


Pepperoni Slice
or
Cheese Slice
with
Fresh Fruit
Oreo Cookies **28**

Chicken Fried Rice
or
Pork Egg Roll
with
Crab Rangoon
Seasoned Broccoli
Fortune Cookie **29**

