

January

St. Gerard Majella

FOOD IN
FOCUS



CATHOLIC SCHOOL WEEK

DAILY SALADS:

MONDAY-CHICKEN CAESAR

TUESDAY-CHEF

WEDNESDAY-BUFFALO CHICKEN

THURSDAY-TACO

FRIDAY-MEDITERRANEAN

DAILY GRAB & GO

MONDAY- Choice of Cereal, Fresh Fruit, Yogurt, Muffin Treat

TUESDAY-BLT Sandwich, Veggie Sticks, Fresh Fruit, Cookie

WEDNESDAY-Not Available

THURSDAY-Bagel w/Cream Cheese, Fresh Fruit, Yogurt, Raisins

FRIDAY-Popcorn Chicken Wrap, Fresh Fruit, Veggies w/Dip, Mini Rice Krispies Treat

TUESDAY IS SPECIAL TREAT DAY
\$1.50

THURSDAY IS ICE CREAM DAY
\$1.75 GRADES 3RD-8TH

PLEASE CHECK YOUR
MYSCHOOLBUCKS ACCOUNT
THANK YOU!

MENU IS SUBJECT TO CHANGE

Contact our dietitian
at lisa@foodserv.org for special
dietary concerns

For more information about FSC or
employment opportunities, please go to
www.foodserviceconsultants.org



Did you know?



People first made 'New Year's
Resolutions' 4,000 years ago!

MONDAY

HAPPY
NEW
YEAR

1

French Toast Sticks
or
Cheesy Egg Omelet
with
Golden Hashbrown
Crispy Bacon
Bright Blueberries

8

NO CLASSES



5

Orange Chicken
or
Pork Egg Roll
with
Steamed White Rice
Seasoned Broccoli
Mandarin Oranges
Fortune Cookie

22

EGGO Waffle
or
Cheesy Egg Omelet
with
Golden Hash Brown
Crispy Bacon
Bright Blueberries

29

TUESDAY

NO
CLASSES



2

Soft Beef Taco
or
Chicken Nuggets
with
Fiesta Rice
Sweet Golden Corn
Sweet Strawberries

9

Stadium Style Hot Dog
or
Crispy Chicken Nuggets
with
Tatar Tots
Veggies & Dip
Blueberries

16

Mini Stuffed Tacos
or
Cheesy Quesadilla
with
Fiesta Rice
Flame Roasted Corn
Chilled Pineapple

23

Baked Mac & Cheese
or
BLT Wrap
with
Fresh Veggies & Dip
Mandarin Oranges
Fruit Flavored Jell-O

30

WEDNESDAY



Pepperoni Slice
or
Cheese Slice
with
Fresh Fruit
Oreo Cookies

3



Pepperoni Slice
or
Cheese Slice
with
Fresh Fruit
Oreo Cookies

10



Pepperoni Slice
or
Cheese Slice
with
Fresh Fruit
Oreo Cookies

17

Fluffy Pancake
or
Scrambled Eggs
with
Sausage Patty
Fresh Melon
Creamy Yogurt

24



Pepperoni Slice
or
Cheese Slice
with
Fresh Fruit
Oreo Cookies

31

THURSDAY

Crispy Nachos with
Cheese
or
Carnival Corn Dog
with
Veggies & Dip
Tropical Mixed Fruit
Creamy Yogurt

4

Classic Baked Lasagna
or
Garlic Buttered Noodles
with
Caesar Salad
Garlic Breadstick
Fresh Apples

11

Toasted Beef Ravioli
or
Pasta with Red Sauce
with
Seasoned Broccoli
Mandarin Oranges
Chilled Pudding

18

Jumbo Carnival Corn Dog
or
Cheeseburger with Bun
with
Smiley Face Potatoes
Icy Blueberries
Fruit Flavored Jell-O

25

FRIDAY

Crispy Chicken Strips
or
Turkey & Cheese
Croissant
with
Golden French Fries
Garden Salad
Bright Blueberries

5

Breaded Chicken Patty
or
Grilled Hamburger
with
Golden French Fries
Fresh Veggies & Dip
Mandarin Oranges

12

Golden Grilled Cheese
or
Chicken Rings
with
Tomato Soup
Sweet Strawberries
Fruit Flavored Jell-O

19

SPECIAL
LUNCH

NO FSC
LUNCH

26