

November

St. Gerard Majella

FOOD IN
FOCUS



DAILY SALADS:

MONDAY-Chicken Caesar
TUESDAY-Cranberry Chicken
WEDNESDAY-Buffero Chicken
THURSDAY-Chef
FRIDAY-TACO

DAILY GRAB & GO

MONDAY- Choice of Cereal, Fresh Fruit,
Hard Boiled Egg, Yogurt
TUESDAY-Turkey & Cheese Croissant,
Veggies & Dip, Fresh Fruit, Mini Rice Krispies
Treat
WEDNESDAY-String Cheese & Crackers,
Veggies & Dip, Fresh Fruit, Yogurt
THURSDAY-Chicken Caesar Wrap, Carrots
with Dip, Fresh Fruit, Mini Rice Krispies Treat
FRIDAY-Bagel with Cream Cheese,
Fresh Fruit, Yogurt, Mini Rice Krispies Treat

DAILY SPECIAL ALA CARTE GRADES 3-8

MONDAY- Mini Chicken Tacos
TUESDAY- Bosco Stick
WEDNESDAY- Turkey, Bacon, Cheese Panini
with Fries
THURSDAY-Chicken Tenders
FRIDAY-Nachos & Cheese

EXTRA SLICE PIZZA \$3.20 WEDNESDAY

FIRST TUESDAY SPECIAL TREAT \$1.80

GRADS 3-8 ICE CREAM THURSDAY \$2.00

PLEASE CHECK YOUR
MEAL MAGIC ACCOUNT, AND
CONTACT [KATE@FOODSERV.ORG](mailto:kate@foodserv.org) WITH
ANY QUESTIONS.

MENU IS SUBJECT TO CHANGE

Contacts

Café Manager 121manager@foodserv.org
Dietary/allergy questions lisa@foodserv.org

For more information about FSC or
employment opportunities, please go to
www.foodserviceconsultants.org

MONDAY

BBQ Chicken Leg
OR
Honey Heat Chicken
Sandwich
with
Oven Roasted Potatoes
Honey Glazed Carrots
Mandarin Oranges **2**

Chicken Fries
OR
Hot Ham & Cheese Sliders
with
French Fries
Green Beans
Chilled Pineapple **9**

Orange Chicken
OR
Vegetable Egg Roll
with
Steamed White Rice
Seasoned Broccoli
Mandarin Oranges **16**

Crispy Chicken Strips
OR
Turkey & Cheese Sliders
with
Golden French Fries
Seasoned Green Beans
Chilled Peaches **23**

Cheeseburger on a Bun
OR
Breaded Chicken Patty on
Bun
with
French Fry Rings
Green Beans
Chilled Peaches **30**

TUESDAY

Meatball Sub Sandwich
OR
Baked Mac & Cheese
with
Green Beans
Sweet Corn
Chilled Pineapple **3**

Dorito Walking Taco
OR
Joe's Beef & Cheese
Burrito
with
Fiesta Rice
Golden Corn
Chilled Peaches **10**

Stadium Hot Dog
OR
Crispy Chicken Nuggets
with
French Fries
Carrots & Dip
Seasonal Cookie **17**

PAPA JOHNS PIZZA
Pepperoni Slice
OR
Cheese Slice
with
Carrots & Ranch
Seasonal Fruit
Oven Baked Cookie **24**

WEDNESDAY

PAPA JOHNS PIZZA
Pepperoni Slice
OR
Cheese Slice
with
Carrots & Ranch
Apple Slices
Oven Baked Cookie **4**

PAPA JOHNS PIZZA
Pepperoni Slice
OR
Cheese Slice
with
Carrots & Ranch
Apple Slices
Oven Baked Cookie **11**

Fluffy Pancakes
OR
Cheesy Omelet
with
Pork Sausage Patty
Frosty Blueberries
Creamy Yogurt with
Granola **18**



THURSDAY

Warm Bagel & Cream
Cheese
OR
French Toast Sticks
with
Sausage Patty
Creamy Yogurt
Frosty Blueberries **5**

Waffles with Syrup
OR
Pancakes & Sausage on a
Stick
with
Crispy Hash Brown
Strawberry Yogurt
Chilled Strawberries **12**

Mini Chicken Tacos
OR
Cheesy Quesadilla
with
Fiesta Rice
Sweet Corn
Chilled Pineapple **19**



FRIDAY

ST. LOUIS CITY SOCCER
Goalie Pretzel w/Cheese
OR
Corner Kick Corn Dog
with
Yellow Card Corn
Soccer Ball Tater Tots
Penalty Kick Peaches

FRIDAY THE 13TH
Superstition Grilled Cheese
OR
Abracadabra Bosco Stick
with
Freaky Smiley Fries
Broken Mirror Jell-O
Ominous Oranges **13**

**SPECIAL
LUNCH**

**NO
FSC
LUNCH** **20**



Did you know?

The first known stuffing recipe is found in a cookbook
written sometime between 200 BC and 100 AD by a chef
named Apicius.

