

October

St. Gerard Majella

FOOD IN FOCUS



DAILY SALADS:

MONDAY-Chicken Caesar
TUESDAY-Cranberry Chicken
WEDNESDAY-TACO
THURSDAY-Chef
FRIDAY-Buffero Chicken

DAILY GRAB & GO

MONDAY- Choice of Cereal, Fresh Fruit,
Hard Boiled Egg, Yogurt
TUESDAY-Turkey & Cheese Croissant,
Veggies & Dip, Fresh Fruit, Mini Rice Krispies
Treat
WEDNESDAY-String Cheese & Crackers,
Veggies & Dip, Fresh Fruit, Yogurt
THURSDAY-Chicken Caesar Wrap, Carrots
with Dip, Fresh Fruit, Mini Rice Krispies Treat
FRIDAY-Bagel with Cream Cheese,
Fresh Fruit, Yogurt, Mini Rice Krispies Treat

DAILY SPECIAL ALA CARTE GRADES 3-8

MONDAY- Chicken Quesadilla
TUESDAY- Bosco Stick
WEDNESDAY- Turkey, Bacon, Cheese
Panini with Fries
THURSDAY-Chicken Tenders
FRIDAY-Nachos & Cheese

EXTRA SLICE PIZZA \$3.20 WEDNESDAY

FIRST TUESDAY SPECIAL TREAT \$1.80

GRADS 3-8 ICE CREAM THURSDAY \$2.00

**PLEASE CHECK YOUR
MEAL MAGIC ACCOUNT, AND
CONTACT [KATE@FOODSERV.ORG](mailto:kate@foodserv.org) WITH
ANY QUESTIONS.**

MENU IS SUBJECT TO CHANGE

Contacts

Meal Magic questions kate@foodserv.org
Café Manager manager@foodserv.org
Dietary/allergy questions lisa@foodserv.org

For more information about FSC or
employment opportunities, please go to
www.foodserviceconsultants.org

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

FSC

Did you know?

The largest pumpkin ever grown
weighed 1,140 pounds!

Mini Corn Dogs
OR
Golden Grilled Cheese
with
Golden French Fries
Seasoned Broccoli
Peach Slices **5**

Baked Macaroni & Cheese
OR
Honey Heat Chicken
Sandwich
with
Green Beans
Honey Glazed Carrots
Chilled Strawberries **6**

PAPA JOHNS PIZZA
Pepperoni Slice
OR
Cheese Slice
Carrots & Ranch
Apple Slices
Oven Baked Cookie **7**

ST. LOUIS BLUES
SPECIAL
Hockey Sticks(French
Toast Sticks)
Hockey Puck (Sausage)
Hat Trick Hash Brown
Goalie Blues-berries **8**

Chicken Rings
OR
Cheese Stuffed Bosco Stick
with
Green Beans
Sweet Corn
Seasonal Fresh Fruit **9**

Crispy Chicken Strips
OR
Hot Ham & Cheese Bagel
with
Golden French Fries
Sweet Corn
Chilled Peaches **12**

Waffles with Syrup
OR
Pancakes & Sausage on a
Stick
with
Crispy Hash Brown
Strawberry Yogurt
Chilled Strawberries **13**

PAPA JOHNS PIZZA
Pepperoni Slice
OR
Cheese Slice
Carrots & Ranch
Apple Slices
Oven Baked Cookie **14**

**NOON
DISMISSAL**

**NO FSC
LUNCH**

15

**NO
SCHOOL**

**FALL FEST
SET UP**

16

Chicken Alfredo Pasta
OR
Toasted Beef Ravioli
with
Garlic Breadstick
Green Beans
Peach Slices **19**

Orange Chicken
OR
Vegetable Egg Roll
with
Steamed White Rice
Seasoned Broccoli
Mandarin Oranges **20**

Fluffy Pancake
OR
Cheesy Omelet
with
Pork Sausage Patty
Fresh Blueberries
Creamy Yogurt with
Granola **21**

HALLOWEEN SPECIAL
Ghoulsh Hot Dog
Spider Legs (Fries)
Witches Fingers
(Carrots)
Halloween Cookie **22**

**SPECIAL
LUNCH**

**NO FSC
LUNCH**

23

Beefy Macho Nachos
OR
Soft Pretzel with Cheese
with
Chilled Pineapple
Creamy Yogurt
Fresh Veggies & Ranch **26**

HALLOWEEN SPECIAL
Boo Burger
Skeleton Bones (Fries)
Bat Teeth (Corn)
Halloween **Jell-O** **27**

PAPA JOHNS PIZZA
Pepperoni Slice
OR
Cheese Slice
Carrots & Ranch
Apple Slices
Oven Baked Cookie **28**

NO SCHOOL



29

NO SCHOOL



30