



November

St. Gerard Majella

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Did you know?

The first known stuffing recipe is found in a cookbook written sometime between 200 BC and 100 AD by a chef named Apicius.

We are Thankful for YOU!



ALL SAINTS DAY
Mini Chicken Tacos
OR
Cheesy Quesadilla
with
Fiesta Rice
Apple Slices
Churro



1

Orange Chicken
OR
Pork Egg Roll
with
Steamed White Rice
Seasoned Broccoli
Fortune Cookie

4

Hot Ham & Cheese Sliders
OR
Crispy Chicken Tenders
with
French Fries
Green Beans
Orange Wedges

5

Fluffy Pancake
OR
Scrambled Eggs
with
Pork Sausage Patty
Fresh Melon
Creamy Yogurt

6

Classic Baked Lasagna
OR
Cheesy Garlic Buttered Noodles
with
Tossed Salad
Garlic Breadstick
Fresh Apples

7

NO FSC LUNCH

SPECIAL LUNCH

8

VETERANS DAY
Tribute Toasted Ravioli
Hero Green Beans
Overseas Oranges
Courage Cookie



11

BBQ Riblet Sandwich
OR
Corn Dog
with
French Fries
Mixed Vegetables
Chilled Peaches

12

PAPA JOHNS PIZZA
Pepperoni Slice
OR
Cheese Slice
with
Fresh Fruit
Oreo Cookies



13

Waffle
OR
Pancake & Sausage on a Stick
with
Hash Brown
Strawberry Yogurt
Fresh Melon

14

Cheeseburger on a Bun
OR
Breaded Chicken Patty on Bun
with
French Fry Rings
Buttered Corn
Sweet Strawberries

15

Pancake & Sausage Bites
OR
French Toast Slice
with
Golden Hash Brown
Frosty Peaches
Yogurt

18

Dinosaur Chicken Nuggets
OR
Golden Grilled Cheese
with
Smiley Face Potatoes
Green Beans
Peach Slices

19

PAPA JOHNS PIZZA
Pepperoni Slice
OR
Cheese Slice
with
Fresh Fruit
Oreo Cookies



20

Meatball Sub Sandwich
OR
Pasta with Red Sauce
with
Seasoned Broccoli
Mandarin Oranges
Chilled Pudding

21

Stadium Style Hot Dog
OR
Crispy Chicken Nuggets
with
Tater Tots
Fresh Veggies & Dip
Apple Slices

22

PAPA JOHNS PIZZA
Pepperoni Slice
OR
Cheese Slice
with
Fresh Fruit
Oreo Cookies



25

GRANDPARENTS DAY
NO FSC LUNCH
STUDENTS ARE TO BRING A LUNCH FROM HOME

26

No School
Happy Thanksgiving

27

28

29

Daily Salads:

- MONDAY-Chicken Caesar
- TUESDAY-Buffero Chicken
- WEDNESDAY-Chef
- THURSDAY-BLT
- FRIDAY-Cranberry Chicken

DAILY GRAB & GO

- MONDAY- Choice of Cereal, Fresh Fruit, Yogurt, Hard Boiled Egg
- TUESDAY-Turkey & Cheese Wrap, Veggies & Dip, Fresh Fruit, Yogurt
- WEDNESDAY-Not Available
- THURSDAY-Ham & Cheese on Bagel, Fresh Fruit, Veggies & Dip, Mini Rice Krispies Treat
- FRIDAY-Bagel with Cream Cheese, Fresh Fruit, Yogurt, Raisins

DAILY SPECIAL A LA CARTE

- MONDAY- Chicken Quesadilla
- TUESDAY- Nachos with Cheese
- WEDNESDAY- Turkey, Bacon & Cheese Panini w/Chips
- THURSDAY-Chicken Strips
- FRIDAY-Bosco Stick

TUESDAY IS SPECIAL TREAT DAY
\$1.60

THURSDAY IS ICE CREAM DAY
\$1.85 GRADES 3RD-8TH

PLEASE CHECK YOUR MEAL MAGIC ACCOUNT
THANK YOU!

The Cafeteria Manager can be reached at 121manager@foodserv.org

MENU IS SUBJECT TO CHANGE

Contact our dietitian at lisa@foodserv.org for special dietary and allergy concerns.

For more information about FSC or employment opportunities, please go to www.foodserviceconsultants.org

