

October

St. Gerard Majella

FOOD IN FOCUS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Dinosaur Chicken Nuggets OR Golden Grilled Cheese with Smiley Face Potatoes Green Beans Peach Slices 1	PAPA JOHNS PIZZA Pepperoni Slice OR Cheese Slice with Fresh Fruit Oreo Cookies 2	Meatball Sub Sandwich OR Pasta with Red Sauce with Seasoned Broccoli Mandarin Oranges Chilled Pudding 3	Popcorn Chicken Boat Tossed in Corn & Mashed Potatoes OR Roast Turkey with Mixed Fruit Creamy Pudding 4
Toasted Beef Ravioli OR Bowtie Alfredo Pasta with Steamed Broccoli Breadstick Frosty Strawberries 7	Mini Corn Dogs OR Crispy Chicken Tenders with Tossed Salad Vine-Ripened Grapes Sparkling Jell-O 8	Fluffy Pancake OR Scrambled Eggs with Pork Sausage Patty Fresh Melon Creamy Yogurt 9	Cheeseburger on a Bun OR Breaded Chicken Patty on Bun with French Fry Rings Buttered Corn Sweet Strawberries 10	NO FSC LUNCH SPECIAL LUNCH 11
Beefy Macho Nachos OR Soft Pretzel with Cheese with Pineapple Chunks Creamy Yogurt Lettuce & Tomato 14	ST. LOUIS BLUES SPECIAL  Hockey Sticks (French Toast) Hockey Puck (Sausage) Goalie Fruit Hat Trick Hash Brown 15	PAPA JOHNS PIZZA Pepperoni Slice OR Cheese Slice with Fresh Fruit Oreo Cookies 16	Classic Baked Lasagna OR Cheesy Garlic Buttered Noodles with Tossed Salad Garlic Breadstick Fresh Apples 17	NO FSC LUNCH 12:00 NOON DISMISSAL 18
Waffle OR Pancake & Sausage on a Stick with Hash Brown Strawberry Yogurt Fresh Melon 21	HALLOWEEN SPECIAL  Ghoulish Hot Dog Spider Legs (Fries) Goblin Fingers (Baby Carrots) Boo-berries (Strawberries) 22	PAPA JOHNS PIZZA Pepperoni Slice OR Cheese Slice with Fresh Fruit Oreo Cookies 23	NO SCHOOL 24	NO SCHOOL 25
Emoji Waffle OR French Toast Sticks with Golden Hash Brown Tropical Fruit Medley Mini Blueberry Muffin 28	Chicken Ring OR Cheese Stuffed Bosco Stick with Buttered Noodles Golden Corn Sparkling Jell-O 29	PAPA JOHNS PIZZA Pepperoni Slice OR Cheese Slice with Fresh Fruit Oreo Cookies 30	HALLOWEEN SPECIAL Boo Burger Skeleton Bones (Fries) Bat Teeth (Corn) Spider Eggs (Grapes) 31	

Daily Salads:

- MONDAY-Chicken Caesar
- TUESDAY-Buffalo Chicken
- WEDNESDAY-Chef
- THURSDAY-BLT
- FRIDAY-Cranberry Chicken

DAILY GRAB & GO

- MONDAY- Choice of Cereal, Fresh Fruit, Yogurt, Hard Boiled Egg
- TUESDAY-Turkey & Cheese Wrap, Veggies & Dip, Fresh Fruit, Yogurt
- WEDNESDAY-Not Available
- THURSDAY-Ham & Cheese on Bagel, Fresh Fruit, Veggies & Dip, Mini Rice Krispies Treat
- FRIDAY-Bagel with Cream Cheese, Fresh Fruit, Yogurt, Raisins

DAILY SPECIAL ALA CARTE

- MONDAY- Chicken Quesadilla
- TUESDAY- Nachos with Cheese
- WEDNESDAY- Turkey, Bacon & Cheese Panini w/Chips
- THURSDAY-Chicken Strips
- FRIDAY-Bosco Stick

TUESDAY IS SPECIAL TREAT DAY
\$1.60

THURSDAY IS ICE CREAM DAY
\$1.85 GRADES 3RD-8TH

PLEASE CHECK YOUR MEAL MAGIC ACCOUNT THANK YOU!

The Cafeteria Manager can be reached at 121manager@foodserv.org

MENU IS SUBJECT TO CHANGE

Contact our dietitian at lisa@foodserv.org for special dietary and allergy concerns.

For more information about FSC or employment opportunities, please go to www.foodserviceconsultants.org

