

# October

St. Gerard Majella

FOOD IN  
FOCUS



## DAILY SALADS:

MONDAY-Chicken Caesar  
TUESDAY-Buffalo Chicken  
WEDNESDAY-Chef  
THURSDAY-Cranberry Chicken  
FRIDAY-Taco

## DAILY GRAB & GO

MONDAY- Choice of Cereal, Fresh Fruit,  
Yogurt, Hard Boiled Egg  
TUESDAY-Turkey & Cheese Croissant, Veggies  
& Dip, Fresh Fruit, Mini Rice Krispies Treat  
WEDNESDAY-Not Available  
THURSDAY-Chicken Caesar Wrap, Carrots with  
Dip, Cheddar Goldfish, Fresh Fruit  
FRIDAY-Bagel with Cream Cheese,  
Fresh Fruit, Yogurt, Raisins

## DAILY SPECIAL ALA CARTE (GRADES 3-8<sup>TH</sup>)

MONDAY- Chicken Quesadilla  
TUESDAY- Bosco Stick  
WEDNESDAY- Baked Potato with Toppings  
THURSDAY-Chicken Strips  
FRIDAY- Nachos & Cheese

## TUESDAY SPECIAL TREAT DAY \$1.75

## THURSDAY IS ICE CREAM DAY \$1.95 GRADES 3RD-8<sup>TH</sup>

## MENU IS SUBJECT TO CHANGE

PLEASE CHECK YOUR  
MEAL MAGIC ACCOUNT  
THANK YOU!

The Cafeteria Manager can be reached  
at [121manager@foodserv.org](mailto:121manager@foodserv.org)

## MENU IS SUBJECT TO CHANGE

Contact our dietitian at [lisa@foodserv.org](mailto:lisa@foodserv.org)  
for special dietary and allergy concerns.

For more information about FSC or  
employment opportunities, please go to  
[www.foodserviceconsultants.org](http://www.foodserviceconsultants.org)

## MONDAY



## Did you know?

The largest pumpkin ever  
grown weighed 1,140 pounds!

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

PAPA JOHNS PIZZA  
Pepperoni  
OR  
Cheese  
with  
Fresh Veggies with Dip  
Apple Slices  
Oven Baked Cookie 1

Walking Taco  
OR  
Bean & Cheese Burrito  
with  
Fiesta Rice  
Golden Corn  
Churro 2

Dino Chicken Nuggets  
OR  
Grilled Cheese  
with  
French Fries  
Seasoned Green Beans  
Pineapple Tidbits 3

Orange Chicken  
OR  
Pork Egg Roll  
with  
Steamed White Rice  
Seasoned Broccoli  
Fortune Cookie 6

French Toast Slice  
OR  
Egg & Cheese on a  
Croissant  
with  
Crispy Bacon Slice  
Yogurt  
Frosty Peaches 7

PAPA JOHNS PIZZA  
Pepperoni  
OR  
Cheese  
with  
Fresh Veggies with Dip  
Apple Slices  
Oven Baked Cookie 8

Mostaccioli with Meat  
Sauce  
OR  
Toasted Beef Ravioli  
with  
Tossed Salad  
Fresh Apple Slices  
Breadstick 9

Baked Chicken Leg  
OR  
Grilled Hamburger  
with  
Golden French Fries  
Fresh Veggies with Dip  
Mandarin Oranges 10

Mini Corn Dogs  
OR  
Crispy Chicken Tenders  
with  
Buttered Noodles  
Tossed Salad  
Vine-Ripened Grapes 13

Waffle  
OR  
Pancake & Sausage on a  
Stick  
with  
Crispy Hash Brown  
Strawberry Yogurt  
Pineapple Chunks 14

PAPA JOHNS PIZZA  
Pepperoni  
OR  
Cheese  
with  
Fresh Veggies with Dip  
Apple Slices  
Oven Baked Cookie 15

Cheeseburger on a Bun  
OR  
Breaded Chicken Patty on  
Bun  
with  
French Fry Rings  
Seasoned Green Beans  
Frosty Blueberries 16

Mini Chicken Tacos  
OR  
Cheesy Quesadilla  
with  
Fiesta Rice  
Sweet Corn  
Frosty Strawberries 17

Beefy Macho Nachos  
OR  
Soft Pretzel with Cheese  
with  
Pineapple Chunks  
Lettuce & Tomato  
Creamy Yogurt 20

Crispy Chicken Strips  
OR  
Turkey and Cheese  
Croissant  
with  
Golden French Fries  
Garden Salad  
Chilled Peaches 21

Fluffy Pancake  
OR  
Cheesy Omelet  
with  
Pork Sausage Patty  
Fresh Blueberries  
Creamy Yogurt with  
Granola 22

HALLOWEEN SPECIAL  
Ghoulish Hot Dog  
Spider Legs (Fries)  
Goblin Fingers (Carrots)  
Boo-berries  
(Blueberries) 23

NO  
FSC  
LUNCH  
  
SPECIAL SCHOOL  
LUNCH 24

HALLOWEEN SPECIAL  
Boo Burger  
Skeleton Bones (Fries)  
Bat Teeth (Corn)  
Spider Eggs (Grapes) 27

Warm Bagel & Cream  
Cheese  
OR  
French Toast Sticks  
with  
Sausage Patty  
Frosty Peaches  
Creamy Yogurt 28

PAPA JOHNS PIZZA  
Pepperoni  
OR  
Cheese  
with  
Fresh Veggies with Dip  
Apple Slices  
Oven Baked Cookie 29

NO  
FSC  
LUNCH  
  
NOON DISMISSAL 30

HALLOWEEN  
 NO SCHOOL 31