## ST. GERARD MAJELLA HEALTHY HABITS SPECIALS-DECEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 HOT LUNCH	4 HOT LUNCH	5 HOT LUNCH	6 HOT LUNCH	7 HOT LUNCH
CHRISTMAS SEASON SPECIAL	Orange Chicken	BREAKFAST FOR LUNCH	FEAST OF ST. NICK	Chicken Strips
Drummer Boy Drumsticks	Fried Rice	Pancakes with Pure Maple Syrup	Grilled Cheese	Seasoned Noodles
Yule Log Fries	Steamed Snap Peas	*Sausage Patty	Carrots	Green Beans
Christmas Tree Broccoli	Fortune Cookie	Fresh Fruit/Seasonal	Fresh Fruit/Seasonai	Fresh Fruit/Seasonal
Snowball Grapes	Milk, Fat Free	Yogurt	St. Nick Surprise	Milk, Fat Free
Mistletoe Milk	HOMEMADE TREAT SPECIAL	Milk, Fat Free	Milk, Fat Free	wink, rat rrec
GRAB-N-GO	GRAB-N-GO	GRAB-N-GO	GRAB-N-GO	GRAB-N-GO
Choice of Cereal	Warm Bagel & Cream Cheese	Your Choice of Greek Yogurt	String Cheese & Crackers	Hot Ham & Cheese on Bagel
Hard Boiled Egg	Fresh Fruit/Seasonal	Granola	Veggies & Dip	Cheddar Goldfish, WG
Fresh Fruit/Seasonal	Cottage Cheese	Mini Pretzels	Fresh Fruit/Seasonal	Applesauce
Milk, Fat Free	Raisins	Fresh Fruit/Seasonal	Yogurt	Teddy Grahams
will, rut rec	Milk, Fat Free	Milk, Fat Free	Milk, Fat Free	Milk, Fat Free
SALAD OF THE DAY	SALAD OF THE DAY	SALAD OF THE DAY	SALAD OF THE DAY	SALAD OF THE DAY
Chicken Caesar	BLT Salad	Santa Fe Chicken	Chef Salad	St. Louis Hill Salad
10	11	12	13	14
HOT LUNCH	HOT LUNCH	HOT LUNCH	HOT LUNCH	HOT LUNCH
Macho Nachos	NATIONAL NOODLE RING DAY	Meatball Slider	Chicken Alfredo	SPECIAL LUNCH
Shredded Lettuce & Tomato	Spaghetti O's	Deli Chips	Green Beans	PAPA JOHNS
Fresh Fruit/Seasonal	Broccoli	Green Beans	Fresh Fruit/Seasonal	
Cinnamon Chips	Fresh Fruit/Seasonal	Fresh Fruit/Seasonal	*Garlic Breadstick	NO FSC LUNCH
Milk, Fat Free	Breadstick	Milk, Fat Free	Milk, Fat Free	
	Milk, Fat Free			
	HOMEMADE TREAT SPECIAL			
GRAB-N-GO	GRAB-N-GO	GRAB-N-GO	GRAB-N-GO	
Choice of Cereal	Warm Bagel & Cream Cheese	Your Choice of Greek Yogurt	String Cheese & Crackers	
Hard Boiled Egg	Fresh Fruit/Seasonal	Granola	Veggies & Dip	
Fresh Fruit/Seasonal	Cottage Cheese	Mini Pretzels	Fresh Fruit/Seasonal	
Milk, Fat Free	Raisins	Fresh Fruit/Seasonal	Yogurt	
	Milk, Fat Free	Milk, Fat Free	Milk, Fat Free	
SALAD OF THE DAY	SALAD OF THE DAY	SALAD OF THE DAY	SALAD OF THE DAY	
Chicken Caesar	BLT Salad	Santa Fe Chicken	Chef Salad	
17	18	19	20	21
HOT LUNCH	HOT LUNCH	HOT LUNCH		
CHRISTMAS SPECIAL	Kevin's Homemade Pizza	BREAKFAST FOR LUNCH!	No coupou	NO COLLOGI
Reindeer Burgers	Salad	*French Toast Sticks	NO SCHOOL	NO SCHOOL
Elfin Fries	Fresh Fruit/Seasonal	Pure Maple Syrup		
Ornamental Grapes	Milk, Fat Free	*Bacon		
Mistletoe Milk		*Triangle Hash Brown		
	HOMEMADE TREAT SPECIAL	Fresh Fruit/Seasonal		
GRAB-N-GO	GRAB-N-GO	Milk, Fat Free <i>GRAB-N-GO</i>		
Choice of Cereal	Warm Bagel & Cream Cheese	Your Choice of Greek Yogurt		
Hard Boiled Egg	Fresh Fruit/Seasonal	Granola		
Fresh Fruit/Seasonal	Cottage Cheese	Mini Pretzels		
Milk, Fat Free	Raisins	Fresh Fruit/Seasonal		
wilk, rat riee	Milk, Fat Free	Milk, Fat Free		
SALAD OF THE DAY	SALAD OF THE DAY	SALAD OF THE DAY		
Chicken Caesar	BLT Salad	Santa Fe Chicken		
24	25	26	27	28
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
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NO SCHOOL				
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